

Training Modules

Leading in Complexity; The Critical Shift from Reactive to Creative		
Week 1 (Content Sessions)	Overview of the program (90min) Sep 20, 2021 2pm – 3:30PM	Understand the neuroscience of change (90min) Sep 22, 2021 2PM – 3:30PM
Week 2 (Content Sessions)	Kolbe™ Discovery Workshop: Part 1 (90min) Sep 27, 2021 2PM – 3:30PM	Kolbe™ Discovery Workshop: Part 2 (90min) Sep 29, 2021 2PM – 3:30PM
Understanding the World, You're Changing and Practicing Change		
Week 3 (Content Sessions)	Understanding complexity (90min) Oct 4, 2021 2PM – 3:30PM	Managing your own emotional state in order to lead effectively (90min) Oct 6, 2021 2PM – 3:30PM
Week 4	Coaching Lab (60min) Oct 13, 2021 2PM – 3PM	
Vision as the Antidote to Reactivity		
Week 5 (Content Sessions)	Importance of vision in creating change (90min) Oct 18, 2021 2PM – 3:30PM	Crafting an inspiring and engaging vision to create alignment (90min) Oct 20, 2021 2PM – 3:30PM
Week 6	Coaching Lab (60min) Oct 27, 2021 2PM – 3PM	
Creating an Approach Culture; Managing Emotional threats to stay focused on results		
Week 7 (Content Sessions)	Understanding the 5 drivers of social behaviour and how to engage others using them (90min) Nov 1, 2021 2PM – 3:30PM	Design and run effective, engaging meetings (90min) Nov 3, 2021 2PM – 3:30PM
Week 8	Coaching Lab (60min) Nov 10, 2021 2PM – 3PM	
Growth Mindset		
Week 9 (Content Sessions)	Strategies to promote a growth mindset culture (90min) Nov 15, 2021 2PM – 3:30PM	Skills to have difficult conversations (90min) Nov 17, 2021 2PM – 3:30PM
Week 10	Coaching Lab (60min) Nov 24, 2021 2PM – 3PM	

Integration Concepts		
Week 11 (Content Sessions)	How to manage in complexity (90min) Nov 29, 2021 2PM – 3:30PM	Reduce conflict by appreciating how different instincts contribute to the innovation cycle (90min) Dec 1, 2021 2PM – 3:30PM
Week 12	Coaching Lab (60min) Dec 8, 2021 2PM – 3PM	
Application and integration week		
Week 13 (Content Sessions)	Spread and sustainability (90min) Dec 13, 2021 2PM – 3:30PM	Celebrate Successes (90min) Dec 15, 2021 2PM – 3:30PM



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MAINTENANCE OF CERTIFICATION

Attendance at this program entitles certified Canadian College of Health Leaders members (CHE / Fellow) to **10 Category II credits** towards their maintenance of certification requirement.



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MAINTIEN DE LA CERTIFICATION

Une participation à cette réunion par un membre certifié du Collège canadien des leaders en santé (CHE / Fellow) vaut **10 crédits de la catégorie II du MDC** à l'égard de l'exigence du maintien de la certification à laquelle ceux-ci sont soumis.